



## How Do I Apply for GO?

Applying for **GO** is a two-part process. Your financial eligibility and healthcare needs must be determined appropriate for program services.

For details on where to apply in your county, please contact your Area Agency on Aging at this toll-free number:

**1-877-222-3737**

Please visit the website of the NJ Department of Health & Senior Services, Division of Aging and Community Services, at [www.aging.nj.gov](http://www.aging.nj.gov), for more information on **GO** and other home and community-based alternatives for individuals seeking long-term care and support.

**Your care is your choice.  
GO for it!**

If available services are denied, suspended, reduced or terminated, you (or someone authorized to act on your behalf) may submit a request for a Fair Hearing, in accordance with the New Jersey Administrative Code 10:49-10.3, to the Office of Legal and Regulatory Liaison, Division of Medical Assistance and Health Services, PO Box 712, Trenton, New Jersey 08625-0712. Such a request must be submitted within 20 days from the date of the notice of the denial, suspension, reduction or termination of services.

New Jersey Department of Health and Senior Services  
Division of Aging and Community Services  
P.O. Box 807  
Trenton, N.J. 08625-0807

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## Global Options For Long-Term Care

*A Medicaid Waiver Program*

**Your Care is  
Your Choice.**

**GO for it!**



## What is GO?

**G**lobal Options for Long-Term Care (**GO**) is a Medicaid Waiver program for eligible seniors and adults with physical disabilities who are at risk of placement in a nursing facility but wish to receive services in the community. It can also help people currently in nursing facilities move back to the community.

**GO** is designed to supplement the assistance already being provided by family, friends and neighbors. **GO** strengthens the ability of caregivers to continue in their vital role as primary support providers.

**GO** participants work with a care manager to create an individualized plan of care based on a comprehensive assessment of the participant's healthcare needs.

Once the plan of care is approved, community-based services are put in place and monitored to ensure quality and effectiveness.

In certain cases, **GO** participants may hire their own employees.



## What Are GO Services?

- Care Management
- Respite for Caregivers
- Home Modification
- Special Medical Equipment & Supplies
- Attendant Care
- Chore Services
- Personal Emergency Response System
- Home Delivered Meals
- Social Adult Day Care
- Caregiver & Participant Training
- Home-Based Supportive Care
- Transportation
- Assisted Living Facilities & Programs
- Adult Family Care

**Services may also include one or more Medicaid State Plan services, such as:**

- Personal Care Assistant (PCA)
- Home Health Aide
- Adult Day Health Services



## Who is Eligible for GO?

**To be eligible to participate in GO, you must be a New Jersey resident who:**

- Is age 65 and older, or age 21 to 64 and determined disabled\* by the US Social Security Administration or the NJ Division of Medical Assistance & Health Services.
- Is a US citizen or a qualified alien.
- Requires (or will require within 30 days) the level of care traditionally given in a nursing facility but wishes to remain at home.
- Meets the program's financial eligibility criteria for Medicaid.
- Has no alternate means to obtain the needed support.

**\* Individuals between the ages of 21 and 64 who are chronically mentally ill, mentally retarded or developmentally disabled may be eligible after a service needs review by the DHSS/DHS Service Review Team.**

